

# RAEME in ACTION

The Newsletter of the RAEME Association of the  
Australian Capital Territory (ACT)



Edition: 42

July 2026

## PRESIDENT'S MESSAGE

Greetings All,

I have the fortune to be writing this note from the sunny coast, where together with some mates, we are sampling a number of the local golf courses. Apart my horrendous putting, it has been a very pleasant break.

Similar to many of our posting experiences during our service, one of our golfing group moved up this way 12 months ago to be closer to his family. The opportunity to reconnect with him in person has been a highlight, reinforcing the importance of maintaining relationships notwithstanding the physical dislocation.

It is a timely reminder that despite a few too many red wines, staying connected is a healthy and positive endeavour that benefits all involved.

Stay well,

Regards APA



## IMPENDING ASSOCIATION ACTIVITIES IN THE ACT

### July

|                       |                              |                                      |
|-----------------------|------------------------------|--------------------------------------|
| Tues 28 <sup>th</sup> | <a href="#">Mixed Drinks</a> | Gungahlin Lakes Golf Club from 1930h |
|-----------------------|------------------------------|--------------------------------------|

### August

|                      |                                                 |                          |
|----------------------|-------------------------------------------------|--------------------------|
| Fri 07 <sup>th</sup> | <a href="#">Spanner Club and Sausage Sizzle</a> | RMC Golf Club from 1630h |
|----------------------|-------------------------------------------------|--------------------------|

|                       |                                          |                                                                                                                                                             |
|-----------------------|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tues 18 <sup>th</sup> | <a href="#">RMC Lanyard Presentation</a> | The Carlton Room at Olim's from 1800h. RSVPs requested to <a href="mailto:Alexander.Rogers1@defence.gov.au">Alexander.Rogers1@defence.gov.au</a> NLT 14 Aug |
| Tues 25 <sup>th</sup> | <a href="#">Mixed Drinks</a>             | Gungahlin Lakes Golf Club from 1930h                                                                                                                        |

### September

|                      |                             |                                  |
|----------------------|-----------------------------|----------------------------------|
| Fri 04 <sup>th</sup> | <a href="#">Mixed Lunch</a> | Ainslie Football Club from 1230h |
|----------------------|-----------------------------|----------------------------------|

|                       |                              |                                      |
|-----------------------|------------------------------|--------------------------------------|
| Tues 29 <sup>th</sup> | <a href="#">Mixed Drinks</a> | Gungahlin Lakes Golf Club from 1930h |
|-----------------------|------------------------------|--------------------------------------|

### October

|                       |                                                 |                                                                                                                                        |
|-----------------------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Fri 02 <sup>nd</sup>  | <a href="#">Spanner Club and Sausage Sizzle</a> | From 1600h – Venue TBC being either the RMC Golf Club or Olim's Hotel. The Sausage sizzle will only occur if RMC Golf Club is selected |
| Tues 27 <sup>th</sup> | <a href="#">Mixed Drinks</a>                    | Gungahlin Lakes Golf Club from 1930h                                                                                                   |

### November

|                      |                                    |                         |
|----------------------|------------------------------------|-------------------------|
| Fri 06 <sup>th</sup> | <a href="#">End-of-Year Dinner</a> | Gyphonn's Bar and Caffe |
|----------------------|------------------------------------|-------------------------|

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|----------------------|---------------------------------------------|-----|
| Fri 27 <sup>th</sup> | <a href="#">RAEME Birthday Celebrations</a> | TBC |
|----------------------|---------------------------------------------|-----|

### December

|                      |                                            |                                  |
|----------------------|--------------------------------------------|----------------------------------|
| Fri 04 <sup>th</sup> | <a href="#">Final Mixed Lunch for 2026</a> | Ainslie Football Club from 1230h |
|----------------------|--------------------------------------------|----------------------------------|

## WHAT ELSE IS ON IN THE REGION

### July

|                        |                                                      |                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|------------------------|------------------------------------------------------|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Daily until 30 Sept    | <a href="#">Remembering the War Exhibition</a>       | National Library of Australia | From recruitment posters urging Australians to enlist and opposition to conscription by conscientious objectors, to espionage and the evolving role of women's work in the war effort, this exhibition highlights stories from our collections relating to the Second World War. Other items reveal the postwar reconstruction of nations whose citizens' lives had been irrevocably changed by the conflict.<br><br>National Library of Australia, Parkes Place West, Parkes |
| Mon 20 <sup>th</sup>   | <a href="#">Yoga</a>                                 | Invictus CBR                  | Queanbeyan Veteran Hub from 1900-2200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Tues 21 <sup>st</sup>  | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare                  | Queanbeyan Veteran Hub from 1000-1200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                        | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab                      | Queanbeyan Veteran Hub from 1200-1245h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Wed 22 <sup>nd</sup>   | <a href="#">Author talk: MAJGEN Roger Noble</a>      | Australian War Memorial       | Join Major General Roger Noble to discuss his new book <i>My Long War: Leadership and lessons from a quarter century of coalition warfare</i> , sharing his experience of more than a quarter of a century at the centre of Australia's contribution to the wars in Iraq, Afghanistan and East Timor.<br><br>Australian War Memorial Theatre from 1210h                                                                                                                       |
| Thurs 23 <sup>rd</sup> | <a href="#">Zumba</a>                                | RSL Lifecare                  | Queanbeyan Veteran Hub from 1100-1200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Fri 24 <sup>th</sup>   | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare                  | Queanbeyan Veteran Hub from 0930-1030h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Mon 27 <sup>th</sup>   | <a href="#">Korean Veterans' Day</a>                 | Day of Reflection             | This is the anniversary of the day in 1953 when an armistice was signed to end the fighting in Korea.                                                                                                                                                                                                                                                                                                                                                                         |
| Mon 27 <sup>th</sup>   | <a href="#">Dr Renne Robarts Veteran Consultancy</a> | RSL Lifecare                  | Experienced DVA GP providing independent medical assessments for veterans.                                                                                                                                                                                                                                                                                                                                                                                                    |
|                        | <a href="#">Yoga</a>                                 | Invictus CBR                  | Queanbeyan Veteran Hub from 1900-2200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Tues 28 <sup>th</sup>  | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare                  | Queanbeyan Veteran Hub from 1000-1200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                        | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab                      | Queanbeyan Veteran Hub from 1200-1245h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                        | <a href="#">Yoga</a>                                 | Invictus CBR                  | Burgmann Anglican School from 1800-1900h,                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Thurs 30 <sup>th</sup> | <a href="#">Zumba</a>                                | RSL Lifecare                  | Queanbeyan Veteran Hub from 1100-1200h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Fri 31 <sup>st</sup>   | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare                  | Queanbeyan Veteran Hub from 0930-1030h                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                        | <a href="#">Dying to Know Expo</a>                   | RSL Lifecare                  | Queanbeyan Veteran Hub from 0900-1600h<br><br>Learn about options & resources around death, dying and grief, and how to support others in this.                                                                                                                                                                                                                                                                                                                               |

## August

|                                     |                                                      |                   |                                                                                                                     |
|-------------------------------------|------------------------------------------------------|-------------------|---------------------------------------------------------------------------------------------------------------------|
| Mon 3 <sup>rd</sup>                 | <a href="#">Dr Renne Robarts Veteran Consultancy</a> | RSL Lifecare      | Experienced DVA GP providing independent medical assessments for veterans.                                          |
| Mon 3 <sup>rd</sup>                 | <a href="#">Yoga</a>                                 | Invictus CBR      | Queanbeyan Veteran Hub from 1900-2200h                                                                              |
| Tues 4 <sup>th</sup>                | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                              |
|                                     | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                              |
|                                     | <a href="#">Yoga</a>                                 | Invictus CBR      | Burgmann Anglican School from 1800-1900h,                                                                           |
| Weds 5 <sup>th</sup>                | <a href="#">Create and Caffeinate</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                              |
|                                     | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                              |
| Thurs 6 <sup>th</sup>               | <a href="#">Zumba</a>                                | RSL Lifecare      | Queanbeyan Veteran Hub from 1100-1200h                                                                              |
| Fri 7 <sup>th</sup>                 | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare      | Queanbeyan Veteran Hub from 0930-1030h                                                                              |
| 08 <sup>th</sup> – 09 <sup>th</sup> | <a href="#">2-Day Mountain Bike Skills Program</a>   | Invictus CBR      | Stromlo Forest Park from 0900-1500h daily                                                                           |
| Mon 10 <sup>th</sup>                | <a href="#">Dr Renne Robarts Veteran Consultancy</a> | RSL Lifecare      | Experienced DVA GP providing independent medical assessments for veterans.                                          |
|                                     | <a href="#">Yoga</a>                                 | Invictus CBR      | Queanbeyan Veteran Hub from 1900-2200h                                                                              |
| Tues 11 <sup>th</sup>               | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                              |
|                                     | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                              |
|                                     | <a href="#">Yoga</a>                                 | Invictus CBR      | Burgmann Anglican School from 1800-1900h,                                                                           |
| Weds 12 <sup>th</sup>               | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                              |
| Thurs 13 <sup>th</sup>              | <a href="#">Zumba</a>                                | RSL Lifecare      | Queanbeyan Veteran Hub from 1100-1200h                                                                              |
| Fri 14 <sup>th</sup>                | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare      | Queanbeyan Veteran Hub from 0930-1030h                                                                              |
| Sat 15 <sup>th</sup>                | <a href="#">Victory in the Pacific (VP) Day</a>      | Day of Reflection | Victory in the Pacific (VP) Day marks Japan's unconditional surrender to the Allies after more than 3 years of war. |
| Mon 17 <sup>th</sup>                | <a href="#">Dr Renne Robarts Veteran Consultancy</a> | RSL Lifecare      | Experienced DVA GP providing independent medical assessments for veterans.                                          |
|                                     | <a href="#">Yoga</a>                                 | Invictus CBR      | Queanbeyan Veteran Hub from 1900-2200h                                                                              |
| Tues 18 <sup>th</sup>               | <a href="#">Vietnam Veteran's Day</a>                | Day of Reflection | Victory in the Pacific (VP) Day marks Japan's unconditional surrender to the Allies after more than 3 years of war. |
| Tues 18 <sup>th</sup>               | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                              |
|                                     | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                              |
|                                     | <a href="#">Yoga</a>                                 | Invictus CBR      | Burgmann Anglican School from 1800-1900h,                                                                           |
| Weds 19 <sup>th</sup>               | <a href="#">Create and Caffeinate</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                              |

## August

|                        |                                                      |                   |                                                                                                                                                         |
|------------------------|------------------------------------------------------|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| Weds 19 <sup>th</sup>  | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                                                                  |
| Thurs 20 <sup>th</sup> | <a href="#">Zumba</a>                                | RSL Lifecare      | Queanbeyan Veteran Hub from 1100-1200h                                                                                                                  |
| Fri 21 <sup>st</sup>   | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare      | Queanbeyan Veteran Hub from 0930-1030h                                                                                                                  |
| Mon 24 <sup>th</sup>   | <a href="#">Dr Renne Robarts Veteran Consultancy</a> | RSL Lifecare      | Experienced DVA GP providing independent medical assessments for veterans.                                                                              |
|                        | <a href="#">Yoga</a>                                 | Invictus CBR      | Queanbeyan Veteran Hub from 1900-2200h                                                                                                                  |
| Tues 25 <sup>th</sup>  | <a href="#">Veterans Guitar Group</a>                | RSL Lifecare      | Queanbeyan Veteran Hub from 1000-1200h                                                                                                                  |
| Tues 25 <sup>th</sup>  | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                                                                  |
|                        | <a href="#">Yoga</a>                                 | Invictus CBR      | Burgmann Anglican School from 1800-1900h,                                                                                                               |
| Weds 26 <sup>th</sup>  | <a href="#">Free Exercise Physiology Class</a>       | JB Rehab          | Queanbeyan Veteran Hub from 1200-1245h                                                                                                                  |
| Thurs 27 <sup>th</sup> | <a href="#">Zumba</a>                                | RSL Lifecare      | Queanbeyan Veteran Hub from 1100-1200h                                                                                                                  |
| Fri 28 <sup>th</sup>   | <a href="#">Mind-Balance-Tai Chi</a>                 | RSL Lifecare      | Queanbeyan Veteran Hub from 0930-1030h                                                                                                                  |
| Mon 31 <sup>st</sup>   | <a href="#">Malaya and Borneo Veterans' Day</a>      | Day of Reflection | The day we recognise and remember the Australian service and sacrifice of veterans who served in the Malayan Emergency and the Indonesian Confrontation |

## September

|            |                                                                    |                   |                                                                                                                                                                                                                                                                   |
|------------|--------------------------------------------------------------------|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 17-18 Sept | <a href="#">Imperialism and Resistance: Australia's First Wars</a> | Aust War Memorial | <i>Imperialism and Resistance: Australia's First Wars</i> is a two-day conference that brings together authors, historians, and curators to reflect on the Australian Frontier Wars and Australia's earliest overseas military commitments to the British Empire. |
|------------|--------------------------------------------------------------------|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## REGIONAL NEWS

### DVA call for input on Allied Health

Register your interest to help shape future consultation on the design and implementation of the new allied health arrangements announced in the 2026-2027 Budget.

We are planning a range of consultation activities and want to hear from people with an interest in how the allied health arrangements will work for veterans, families, health service providers and the broader community.

By registering, you will be notified about upcoming consultation opportunities and how you can get involved.

Expressions of interest are open until 5:00pm AEST 31 July 2026.

Questions about this or other matters can be raised through [General enquiries](#) | [Department of Veterans' Affairs](#).

[Click here](#) for more information.

## **Do you want to help improve outcomes for veterans and their families in the ACT?**

**Source:** Email from the ACT Office for Seniors and Veterans dated 16 Jul 2026



*Grant Newham, Deputy Chair of the Ministerial Advisory Council for Veterans and Their Families.*

Expressions of Interest are now open for Chair, Deputy Chair and Member positions on the Ministerial Advisory Council for Veterans and Their Families (MACVF) for the 2027–2030 term.

The Council provides advice on policies, initiatives and priorities affecting veterans and their families, helping ensure community voices are heard in government decision-making. We're seeking applications from people with diverse backgrounds and experiences, including current and former Australian Defence Force personnel, veteran family members and others with a strong interest in supporting the veteran community.

Aboriginal and Torres Strait Islander people, people from multicultural backgrounds, people with disability, younger and older people and people with diverse genders, sexes and sexualities are encouraged to apply. This is aligned with the ACT Government commitment to create an accessible and inclusive community where people with diverse thoughts, lived experience and perspectives can participate and thrive.

Current Council member Grant says joining the Council helped him reconnect with the veteran community after leaving service and provided an opportunity to contribute his lived experience to improving support for others.

"The Council has given me the opportunity to not only provide feedback on my own experiences, but it's also allowed me to connect a lot more," Grant says. "I want to see a mix of people apply. The Council benefits from having people with broad experiences."

Whether you're a veteran, family member or community member with an interest in improving services and support, your perspective can help make a difference.

Applications close Friday 7 August 2026. [Click here](#) for more information and to apply.

## MAINTENANCE MATTERS

The latest *Maintenance Matters* includes an introduction to the new Chief of Army and RSM-A, who completed his trade training as a mechanic before joining the Army.

Also included in this edition are details of RAEME happenings around the Nation, including 1 CER Workshop's win of the Darwin Lions Beer Can Regatta.

You can get your copy of *Maintenance Matters* at either:

- **PDF** – <https://raeme.org.au/index.php/publications/newsletter>
- **Flipbook** – <https://heyzine.com/flip-book/a552ec3007.html>
- **Easy-Read** – <https://heyzine.com/flip-book/3aa304ae2e.html>

### Request for Articles

The editorial team are also looking for stories about:

- **Multiple Generations in RAEME.** If you have family linkages to the Corps, ie more than one generation of the same family who have served in the Corps, or of you know of others with family linkages, please send the editors an email at [Newsletter@raeme.org.au](mailto:Newsletter@raeme.org.au) They are very keen to hear from you.
- **Above and Beyond.** If you know of any former-serving Corps member who has worked to support their community, we want to be able to celebrate their service. You can find more details at: <https://raeme.org.au/index.php/publications/newsletter/article-submission>
- **You and Your Role.** The editorial team want to include stories about the impact serving RAEME members have on the Army. Noting that many serving people in Canberra work in roles that the bulk of the Corps may not even know exists, or they may not understand what you do, this is your chance to share what you do. From the same link above, you will find templates for submission.

## CLOSING COMMENTS

That's about it for this edition. Future editions will follow a similar format with regular sharing of activities that may be of interest to both serving and retired members in the ACT region.

If you would like to submit something for future editions, or it you would like to see something in particular published that is relevant to the Corps, please email me at: [Secretary@act.raeme.org.au](mailto:Secretary@act.raeme.org.au).

You can also send your submissions for *Maintenance Matters* to me via [Newsletter@raeme.org.au](mailto:Newsletter@raeme.org.au) or preferably lodge them online on the [RNN website](#) where you will also find templates and further guidance. We would love to see some reports about the work done by RAEME members here in the ACT region, especially from those in roles that many in the Corps may never have heard of.

Remember too that the member submission chosen by the editors as the best will receive a \$50 gift voucher. The most recent winner was the 1 CER Workshop Team for their report on the Beer Can Regatta win. You could be the next winner. Just start writing something. Truth is preferred but optional!

Arte et Marte,

Ian Cook  
Secretary, ACT RAEME Association



**President:** Andy Adams, [President@act.raeme.org.au](mailto:President@act.raeme.org.au)  
**Secretary:** Ian Cook, [Secretary@act.raeme.org.au](mailto:Secretary@act.raeme.org.au)  
**Website:** <https://act.raeme.org.au>



*Membership of the ACT RAEME Association is free to all serving or former members with a connection to RAEME who also live or work within the ACT region.*

