

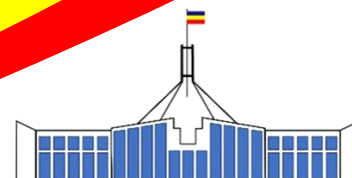
RAEME in ACTION

The Newsletter of the RAEME Association of the
Australian Capital Territory (ACT)



Edition: 38

March 2026



PRESIDENT'S MESSAGE

Greetings All,

I trust this finds you doing ok. My partner and I are currently cycling through Vietnam and Cambodia with some friends and new acquaintances. It has been both enjoyable and highly educational.

Apart from the joys of experiencing new sights, sounds and cultures, it has reinforced to the Australian contingent (four of six being veterans) how wonderful a country we live in!

I look forward to catching up on ANZAC Day.

Stay safe and well,

Cheers APA

IMPENDING ASSOCIATION ACTIVITIES IN THE ACT

March

Tues 31st

[Mixed Drinks](#)

Gungahlin Lakes Golf Club from 1930h

April

TBC

ASM's Golf Day

This event is still in its planning phase. Details will be provided when known.

Sat 25th

[ANZAC Day](#)



Phase 1 – Dawn Service under own arrangements:

- 0430h – ADF members commence reading excerpts from the letters and diaries of Australians who have experienced war first-hand
- 0530h – AWM [Dawn Service](#) and live broadcast commences for individual driveway services.
- Broadcast can be heard or watched via ABC TV, ABC NEWS channel, ABC iView, Radio National, ABC Local Radio and on the ABC listen app from 5.30am (AEST)
- 0630h – [AWM Breakfast](#) in Anzac Atrium (\$95)
- 0730h – Aboriginal and Torres Strait Islander Veterans Association Commemorative Ceremony

Phase 2 – National Veteran's March

- 0900h – March form up at the Australian War Memorial. Contingent number and approximate location are TBC
- 0930h – [Veteran's March](#) Commences

Phase 3 – Post-march

- ~1130h – Reassemble at Ollims, in the RAEME Room (AKA the Limestone Room) near the bar.
- 1300h – The AWM opens to visitors
- 1630h – [Last Post Ceremony](#)

May

Fri 01 st	Mixed Lunch	Ainslie Football Club from 1230h
Tues 26 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

June

Fri 05 th	Spanner Club and Sausage Sizzle	From 1600h – Venue TBC being either the RMC Golf Club or Olim's Hotel. The Sausage sizzle will only occur if RMC Golf Club is selected
Tues 30 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

July

Fri 03 rd	Mixed Lunch	Ainslie Football Club from 1230h
Tues 28 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

August

TBC	Maintainers Tour of Australian War Memorial	War Memorial Annex, Mitchell. This event is in the planning phase but is intended to cover a tour of the AWM facilities where equipment is maintained or prepared for display.
Fri 07 th	Spanner Club and Sausage Sizzle	From 1600h – Venue TBC being either the RMC Golf Club or Olim's Hotel. The Sausage sizzle will only occur if RMC Golf Club is selected
Tues 25 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

September

Fri 04 th	Mixed Lunch	Ainslie Football Club from 1230h
Tues 29 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

October

Fri 02 nd	Spanner Club and Sausage Sizzle	From 1600h – Venue TBC being either the RMC Golf Club or Olim's Hotel. The Sausage sizzle will only occur if RMC Golf Club is selected
Tues 27 th	Mixed Drinks	Gungahlin Lakes Golf Club from 1930h

November

Fri 06 th	End-of-Year Dinner	Gyphonn's Bar and Caffe
Fri 27 th	RAEME Birthday Celebrations	TBC

December

Fri 04 th	Final Mixed Lunch for 2026	Ainslie Football Club from 1230h
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WHAT ELSE IS ON IN THE REGION

March

Tues 17 th	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
	Yoga	Invictus CBR	Queanbeyan Veteran Hub from 1900-2200h
	Yoga	Invictus CBR	Burgmann School, Gungahlin from 1800-1900h
Wed 18 th	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h

March continued

Thurs 19 th	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h
Fri 20 th	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Sat 21 - Sun 22	Archery for All Tournament	Archery Australia	Canberra Archery Club – Timings TBA
Tues 24 th	Soldier On March On	Soldier On	Griff Coffee Bar, Lake BG from 0630-0830h Click here for fundraising details
	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
	Yoga	Invictus CBR	Queanbeyan Veteran Hub from 1900-2200h
	Yoga	Invictus CBR	Burgmann School, Gungahlin from 1800-1900h
Wed 25 th	Create and Caffeinate	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 26 th	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h
Fri 27 th	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Tues 31 st	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
	Yoga	Invictus CBR	Burgmann School, Gungahlin from 1800-1900h
	Yoga	Invictus CBR	Queanbeyan Veteran Hub from 1900-2200h

April

Wed 01 st	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 02 nd	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h
Fri 03 rd	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Tues 07 th	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
	Yoga	Invictus CBR	Queanbeyan Veteran Hub from 1900-2200h
	Yoga	Invictus CBR	Burgmann School, Gungahlin from 1800-1900h
Wed 08 th	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 09 th	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h
Fri 10 th	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Wed 11 th	Create and Caffeinate	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
Tues 14 th	Yoga	Invictus CBR	Burgmann School, Gungahlin from 1800-1900h
	Yoga	Invictus CBR	Queanbeyan Veteran Hub from 1900-2200h
	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
Wed 15 th	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 16 th	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h

April continued

Fri 17 th	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Tues 21 st	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
Wed 22 nd	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 23 rd	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h
Fri 24 th	Mind-Balance-Tai Chi	RSL Lifecare	Queanbeyan Veteran Hub from 0930-1030h
Wed 25 th	Create and Caffeinate	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
Tues 28 th	Veterans Guitar Group	RSL Lifecare	Queanbeyan Veteran Hub from 1000-1200h
Wed 29 th	Free Exercise Physiology Class	JB Rehab	Queanbeyan Veteran Hub from 1200-1245h
Thurs 30 th	Zumba	RSL Lifecare	Queanbeyan Veteran Hub from 1100-1200h

CLOSING COMMENTS

That's about it for this edition. Future editions will follow a similar format with regular sharing of activities that may be of interest to both serving and retired members in the ACT region.

If you would like to submit something for future editions, or if you would like to see something in particular published that is relevant to the Corps, please email me at: Secretary@act.raeme.org.au.

You can also send your submissions for *Maintenance Matters* to me via Newsletter@raeme.org.au or preferably lodge them online on the [RNN website](#) where you will also find templates and further guidance. We would love to see some reports about the work done by RAEME members here in the ACT region, especially from those in roles that many in the Corps may never have heard of.

Remember too that the member submission chosen by the editors as the best will receive a \$50 gift voucher. The first winner, Raemus Rover, was announced in Edition 02 of *Maintenance Matters*. You could be the next winner. Just start writing something. Truth is preferred but optional!

In case you missed it, you can get your copy of *Maintenance Matters* at either:

- Flipbook – <https://heyzine.com/flip-book/1be35c3b5c.html>
- PDF – <https://raeme.org.au/index.php/publications/newsletter>

Arte et Marte,

Ian Cook
Secretary, ACT RAEME Association



President: Andy Adams, President@act.raeme.org.au
Secretary: Ian Cook, Secretary@act.raeme.org.au
Website: <https://act.raeme.org.au>



Membership of the ACT RAEME Association is free to all serving or former members with a connection to RAEME who also live or work within the ACT region.